

Wordlist

Unit 1

Abbreviations: n/np = noun / noun phrase; v/vp = verb / verb phrase; adj/adjp = adjective / adjective phrase; adv/advp = adverb / adverb phrase; T/I = transitive/intransitive; C/U = countable/uncountable

The numbers indicate the page in the unit on which the word or phrase first appears. RS indicates that the word or phrase appears in the recording script (a student version of the recording scripts can be found at www.cambridge.org/elt/completeca).

act on sb's (advice) *vp* (11) to do something because someone has said that you should

add insult to injury *vp* (12) to make someone's bad situation worse by doing something else to upset them

be in your element *pp* (RS) to be very happy because you are doing what you like doing and are good at

be only natural to do sth *adjp* (12) to be normal or expected

be up to sth *v* [I] (RS) to be doing something

believe wholeheartedly in sth *vp* (12) to believe something completely, without any doubts

come round *v* [I] (10) to visit someone at their house

drive sb mad *vp* (RS) INFORMAL to make someone feel extremely annoyed

drop what you are doing *vp* (RS) to stop what you are doing, often in order to do something else

go to incredible lengths to do sth *vp* (RS) to try extremely hard to achieve something

hold down a job *vp* (14) to manage to keep a job

move on *v* [I] (12) to leave the place where you are and go somewhere else

move out *v* [I] (RS) to stop living in a particular home

nothing is too much trouble *idiom* (RS) used for saying that someone does everything they can to help you even when it involves a lot of effort

over the course of (a period of time) *pp* (12) during

positive outlook *adj+n* (9) a way of thinking in which you believe that generally good things generally will happen

process of trial and error *np* (12) a way of learning the best way to do something by trying many different methods

prolong sth *v* [T] (14) to make something last longer

recount sth *v* [T] (11) to tell a story or describe past events

refund *n* (14) an amount of money that is given back to you, especially because you are not happy with something you have bought

regime *n* (11) a system of government or other control, especially one that people do not approve of

run for parliament *vp* (15) to compete in an election in order to become a member of parliament (MEMBER OF PARLIAMENT = to be one of the elected body of people who make the laws for a country)

set foot in (a place) *vp* (9) to enter

splitting headache *adj+n* (10) a very bad headache

well-intentioned advice *adj+n* (12) advice that is given in order to be helpful and kind but that does not help in a situation

wind sb up *v* [T] (12) INFORMAL to annoy someone, often on purpose