

Cambridge English

Complete First Second Edition

| UNIT | HEADWORD | Part of speech | DEFINITION | Example | German | Comments |
|---------------|----------------------|---|---|---|------------------------|----------|
| Unit 4 | airy | noun | open to fresh air | airy rooms | luftig | |
| | attractive | adjective | causing interest or pleasure | We need to make the club attractive to young people. | attraktiv | |
| | balanced | adjective | A balanced meal contains a healthy mixture of different types of food. | Chocolate and chips is not a balanced meal. | ausgewogen | |
| | cheerful | adjective | describes a place or thing that is bright and pleasant and makes you feel happy | The room was painted in cheerful colours. | heiter | |
| | convenience food | noun | food that can be prepared quickly and easily and is often already cooked | We eat a lot of convenience food. | Fertiggerichte | |
| | edible | adjective | safe to eat | edible berries | essbar | |
| | elaborate | adjective | complicated or with a lot of details | an elaborate design | aufwendig | |
| | elegant | adjective | stylish and attractive | an elegant dining room | elegant | |
| | exceptional | adjective | very good and better than most other people or things | an exceptional student | außergewöhnlich | |
| | exclusive | adjective | expensive and only for people who are rich or of a high social class | an exclusive private club | exklusiv | |
| | filling | adjective | Food that is filling makes you feel that you have had a lot to eat. | a filling meal | sättigend | |
| | genetically modified | adjective | describes a plant or animal that has had some of its genes changed scientifically | genetically modified plants | gentechnisch verändert | |
| | heavy meal | phrase | a large, rich meal that makes you feel very full | You shouldn't swim after a heavy meal. | Üppige Mahlzeit | |
| | informative | adjective | giving a lot of useful facts | a very informative book | informativ | |
| | isolated | adjective | not near to other places or people | Living on the island meant that we were very isolated. | abgeschieden | |
| | light meal | phrase | a small meal that does not make you feel very full | We had a light meal at midday. | leichte Mahlzeit | |
| | nutrition | noun | the food that you eat and the way that it affects your health | Good nutrition is essential for growing children. | Ernährung | |
| | organic | adjective | not using chemicals when keeping animals or growing plants for food | organic vegetables | Bio- | |
| | protein | noun | one of many substances found in food such as meat, cheese, fish, or eggs, that is necessary for the body to grow and be strong. | Most of our protein comes from meat. | Protein | |
| | rushed | adjective | having to do things very quickly | The staff were very rushed. | in Eile | |
| | satisfactory | adjective | good enough | We hope to find a satisfactory solution to the problem. | zufriedenstellend | |
| | satisfying | adjective | making you feel pleased by providing what you need or want | Clearing out the cupboards is such a satisfying job! | befriedigend | |
| | shortage | noun | when there is not enough of something | food shortages | Mangel | |
| | source | noun | where something comes from | Oranges are a good source of vitamin C. | Quelle | |
| | stem cell | noun | a cell, especially one taken from a person or animal at a very early stage of development, that can develop into any type of cell | Stem cells are very important in biological research. | Stammzelle | |
| | supply | noun | an amount of something that is ready to be used | a supply of water | Angebot | |
| | welcoming | adjective | friendly or making you feel welcome | a welcoming smile | herzlich | |
| well-balanced | adjective | A well-balanced meal contains a healthy mixture of different types of food. | a well-balanced menu | ausgewogen | | |