Unit 4

Attractive – desirable, irresistible x unattractive + (v) attract, (n) attractiveness, attraction,

Balanced – balanced diet/meal, well-balanced – 2 meanings (even-tempered) + (n, v) balance

Cheerful – happy, joyful, optimistic x pessimistic, depressed

Convenience food – ready made, pre- prepared + convenient (adj) – suitable, satisfactory

Edible x inedible

Elaborate - (adj) complex, detailed, (v) develop

Elegant – smart, neat x plain + (n) elegance, (adv) elegantly

Exceptional – rare, extraordinary x common, insignificant + (n) exception + except for

Exclusive – unique, only, single

Filling – (n) – various meanings (- stuffing, tooth/dental filling) + (adj)

Heavy x light meal

Informative – explanatory, enlightening + (v) inform

Isolated – remote + off the beaten track + godforsaken + (v) isolate, (n) isolation

Nutrition – diet, nourishment + What´s your diet? + Are you on a diet?

Organic – natural + bio + organic food

Rushed – hasty + (n,v) rush + rush hour

Satisfactory – sufficient, adequate x insufficient, inappropriate

satisfying – pleasing, enjoyable x unpleasant

shortage – lack x surplus

source (n, v) + energy source, main source

supply - (n) stock, (v) provide + power supply, water supply + supplier

welcoming (adj) – kind, friendly + welcome (n, v) greet