Questions 21-25

Read the text and questions below.

For each question, mark the correct letter A, B, C or D on your answer sheet

## A healthy mind

s your brain. in ways that can be quite simple. Getting a good night's sleep, eating a balanced diet and taking deep breaths are all important methods of looking after both your body and really understands everything about it. But just like our bodies, it needs to be cared for The brain is the most amazing part of our body and despite all medical research nobody

can improve my memory by imagining what I need to remember, For example, If I'm going shopping and I need bread, milk and a birthday card for my brother, I imagine a loaf of bread, a carton of milk with a cow on the front and a birthday card with a as a result. The truth is, just like your body, you can also improve your mind. I've found I football on it. Many people think their brain will slow down with age and their memory will get worse

The same kind of method can be used with important dates. If you have a picture in you mind of a particular event it's much easier to remember than just a number on a calenda

15 have new experiences. Personally I find learning Spanish is a great way to keep the brain working, but communication in any language is important. Having a conversation is so much better for your brain than staring at a computer screen or at other people talking Another way of improving your mind is to make sure you regularly visit new places and

A to explain how the brain works

21 What is the writer's main aim in writing the text? Tip

Read each question and choices one at a time and underline the most important words. B to talk about problems with the brain C to describe how clever she has become

to suggest the brain needs attention

22 What does the reader learn about the writer from the text? A She has a computer. C She likes shopping.

23 What does the writer say about the brain? 24 What does the writer say about her own memory? A It has been possible to make it better. A It should be treated in a similar way to our B She is learning another language. D It ages faster than our bodies. D She enjoys travelling She finds objects more difficult to remember than numbers. Not enough medical research is being done on it. It definitely becomes less quick when we are

25 What would be another title for the text?

She often forgets birthdays. It has got worse over the years.

Easy ways to develop your mind.

The amazing power of memory.

> The latest research into the brain.

things you thought How to remember you'd forgotten.

> TI 57 w

Part 5

Questions 26-35

For each question, mark the correct letter A, B, C or D on your answer sheet Read the text below and choose the correct word for each space.

Answer: 0 A B C D 0 A much B large C many

## Different sides of Egypt

you'll find something you'll love (35) .... they can lie in the sun (32) ..... the sea, or go on a boat (33) .... sports including scuba diving and (31) ... visiting the pyramids at Giza. On others you have a (29) .... you're feeling. On some days Egypt (28) .. more. There are (26) .... enjoying the exciting night life, or going out to the opera. Whoever you are, whatever you like doing, watching birds and crocodiles. In the evening they can visit fine restaurants and (34) .... markets of Old Cairo. Egypt also (30) When most people think of Egypt they think of ancient history, but in fact Egypt offers (0) ..... .. many different Egypts to enjoy - it just depends (27) - Egypt. .... golf and fishing. For people who just want to relax, adventure tours including visits to the desert, and ... a country of beautiful palaces and days spent to find bargains in the lively down the River Nile,

35 A at	34	33	32	4	30	29	28	27 A in	26
>	>	>	A	>	>	>	>	>	>
at	34 A make	33 A tour	32 A along	31 A even	30 A goes	29 A time	28 A means B knows	5	26 A too
0	œ	œ	œ	œ	œ	8	8	œ	8
B for	B find	B trip	8 by	B still	B does	B possibility C chance	knows	B on	B more
0	0	0	0	0	0	0	0	0	0
C about	C have	C visit	· C through	C yet	C provides	chance	C understands D feels	C from	Cover
0	D	D	D	0	D	0	D	D	0
D with	D spend	D break	D next	D however	D offers	D method	feels	D of	D so
			too before deciding.	of the choices, it may be the right answer, but try all the other choices	Before you look at the choices, think of a word which might fit. If it is one	Tip			

28 29 30 31 31 32 33

Part 1

Questions 1-5

Writing

Here are some sentences about living abroad. For each question, complete the second sentence so that it means the same as the first. Use no more than three words.

Write only the missing words on your answer sheet. You may use this page for any rough work.

0 When I was a child my family lived in Spain

Answer: 0 to live My family used in Spain when I was a child.

1 Living abroad is more exciting than going on holiday. Going on holiday isn't as . living abroad Tip

Look for structures you recognise in
the first sentence. Underline them
and think of a different way of
writing the same thing.

2 If you want to work in some countries, you need to have a visa. You can't work in some countries you have a visa.

3 When I started living there, my German improved I started living there

4 Travelling alone in a foreign country is difficult.

It isn't. travelling alone in a foreign country.

5 He's too young to work abroad.

He isn't old ...

to work abroad.

Part 2

Question 6

Tip

Make some notes before you start writing. Decide on the best order. It is probably the same as the order of the three points in the question.

You are having a birthday party.

You are having a birthday party.

Write an e-mail to your replish friend, Anna in your e-mail tyou should

o invite he for to the party

o offer to pick her up from the station

suggest site zanys with you for a few days.

Write 35-45 words on your answer sheet.

Write an answer to one of the questions (7 or 8) in this part.
Write your answer in about 100 words on your answer sheet.
Put the question number in the box at the top of your answer sheet

Question 7

This is part of a letter you receive from your English penfriend

In your next letter, please tell me all about your weekends. Who do you spend time with? What do you like

Now write a letter answering your friend's questions.
Write your letter on your answer sheet.

dil

Question 8 Your English teacher has asked you to write a story.
 Your story must have the following title:

The Rainy Day

Write your story on your answer sheet.

Remember you must write about 100 words.

Make sure you have a beginning, middle and end in your plan before you start writing.