

Part 4

Questions 21-25

Read the text and answer the questions below. For each question, mark the correct letter A, B, C or D on your answer sheet.

Night Work

Can you imagine what it would be like working at night? You'd start your day when everyone else was going to bed, and you'd go to bed when everyone else was getting up. Is that really a natural way to live?

These days more and more jobs need to be done at night. Many big hotels offer 24-hour room service, and retail staff at reception and working in the bars. Many companies have 24-hour call centres to deal with emergency enquiries. There are 24-hour supermarkets, and of course there are the workers for the emergency services such as fire-fighters, the police and hospital workers.

However, few people can work well at night. This is partly because we cannot easily change our sleeping habits. Some people can manage on as little as three hours' sleep while others need as many as eleven hours – you're either a 'short sleeper' or a 'long sleeper'. If working at night stops you from getting the amount of sleep you need, you will damage your health.

The best part of the day for everyone is around lunchtime and the worst point is between 2 a.m. and 4 a.m. So if you're driving home at this time of day it's something important at work, things are far more likely to go wrong!

Humans are used to sleeping at night and being awake during the day, and they'll never be able to do things the other way round. The problem is that today's 24-hour society isn't going to slow down which means that night-workers will remain.



21 What is the writer's main aim in writing the text?

- A to describe the importance of work
- B to say how working at night can be bad for you
- C to suggest how people can change their way of life
- D to recommend people spend more time sleeping

Tip
Remember that for some questions you need to understand the meaning of the text. You may need to look in different parts of the text for the answer.

22 What does the writer say about night jobs?

- A Many people refuse to work at night.
- B It is easier than working during the day.
- C It is easier to demand better working conditions.
- D There is a variety of them.

23 What would a reader learn about sleep from the text?

- A Everybody needs the same amount.
- B It's difficult to change your sleeping needs.
- C People sleep better in the early morning.
- D Many people need more than 11 hours' sleep.

24 What does the writer say about the future?

- A Fewer people will work during the day.
- B Some jobs will always be done at night.
- C People will demand fewer services.
- D People will work longer hours.

25 Which of the following could also be a title for this text?

- A A good night's sleep can change your life!
- B A worker that sleeps more, works more!
- C Society is changing but our bodies are not!
- D The loneliest jobs in the world!

Part 5

Questions 26-35

Read the text below and choose the correct word for each space. For each question, mark the correct letter A, B, C or D on your answer sheet.

Example: A B C D
Answer: A B C D

Good walks

You're rarely (0) from a good walk in Britain – (26) you live in the town or the country. From mountains in the North to gentle hills in the South, you're (27) to find some wide open spaces you will like. People (28) live in the city can enjoy walks (29) canals and in the many beautiful parks to be found.

Walking gives you the (30) of exercise and at the same time allows you to experience wonderful scenery. You can also (31) about local wildlife. On foot, in the countryside, you see much more than you'd (32) see from a car or on a bike.

However, if you are out and about in the countryside make sure you follow the rules. You mustn't go (33) that's private, you (34) stay on public footpaths and (35) animals in fields!

- 26 A whether B while C because D although
- 27 A confident B sure C definite D clear
- 28 A who B whom C whose D which
- 29 A round B through C along D between
- 30 A help B benefit C assistance D allowance
- 31 A know B find C learn D look
- 32 A ever B never C yet D always
- 33 A any B anywhere C anyway D anyhow
- 34 A could B ought C would D should
- 35 A stay B avoid C keep D let

Tip
Read the text a second time more slowly. Read each complete sentence not each line.

Writing

Part 1

Questions 1-5

Here are some sentences about food. For each question, complete the second sentence so that it means the same as the first. Use no more than three words. Write only the missing words on your answer sheet. You may use this page for any rough work.

Example:

0 My parents asked me if I was eating well.
My parents said to me, "..... well?"

Answer: Are you eating

- 1 Fish is better for you than meat.
Meat isn't for you as fish.
- 2 Snacks can be bought in the café.
You in the café.
- 3 He can cook really well.
He's really cooking.
- 4 There are only a few good restaurants in this area.
There aren't very good restaurants in this area.
- 5 It is a good idea to eat plenty of fruit and vegetables.
Everybody plenty of fruit and vegetables.

Tip
Look at the words before and after the gap to help with the meaning.

Part 2

Question 6

You forget your friend Paul's birthday. Write a note to Paul in your note, you should

- apologise for forgetting his birthday
- suggest you take him out for a meal
- say when you are free.

Write 35-45 words on your answer sheet.

Tip
Look at the verbs like *plan*, *suggest*, *tell*, *offer*, *invite*, etc. Don't just repeat these verbs in your answer – think about what to write that has the meaning of these verbs.

Part 3

Write an answer to one of the questions (7 or 8) in this part. Write your answer in about 100 words on your answer sheet. Put the question number in the box at the top of your answer sheet.

Question 7

- Your English teacher has asked you to write a story.
- Your story must begin with this sentence:
I was surprised when I arrived at the bus stop.

• Write your story on your answer sheet.

Tip
Plan your ideas before you start. Think of the best order to put them in.

Question 8

- This is part of a letter you receive from your English penfriend, Jane.
I really like basketball. What's your favourite sport?

Tip
Begin 'Dear ...' and write a suitable ending, e.g. 'Love from ...'

- Now write a letter to Jane, telling her about your favourite sport.
- Write your letter on your answer sheet.