

PART 3

TEST 5

You are going to read a newspaper article about canyoning. Seven sentences have been removed from the article. Choose from the sentences A-H the one which fits each gap (16-21). There is one extra sentence which you do not need to use. There is an example at the beginning (0).

It's Fun, It's Dangerous and It's Very Addictive

Jean-Francois Blaser is a man who inspires confidence. He has to be, to make a living as a canyoning guide. 0  D Jean-Francois took one hand off the rope - my lifeline - to wave. "Welcome to canyoning," he said as I went over the edge.

16  Like river rafting and kayaking, canyoning is a sport of the 1990s, part of the new search for summer adventure in the mountains. It has taken over from the tamer pastimes of water-skiing and surfing, and brought them to a higher level - and altitude.

17  Getting kitted out involves wrestling into a skin-tight neoprene full-body wet suit, including booties and a neoprene overvest. A helmet is obligatory, as is a climbing harness and what can only be described as a plastic baby's nappy - worn to lessen abrasion from rocks against the skin of the wet suit.

Waddling in tennis shoes down a steep mountain trail to the canyon head, the summer sun is sweltering. 18  The rush of water is the only sound and glacier streams seldom top ten degrees Celsius even at the height of summer.

At what looked to me like Switzerland's version of the Niagara Falls, Jean-Francois snaked a rope through the abseiling rings on our harness. 19  Translated into English, what he meant was that he would control each descent from a relaying point above the fall. All we had to do was to kick off the cliff wall as we descended - not to mention trying to avoid drowning in the torrent crashing down on our heads the whole time.

Canyoning is fun, no doubt about it. But is it dangerous? 20  This year a French guide was killed attempting a Swiss canyon, where he had no previous experience, during a period of high water. And only the previous day, another journalist had suffered two broken legs. 21  Having leapt far out from the side of the canyon, yet still unable to see the destination pool of water below, he bent his legs in the air. As canyoning guides instruct, it is essential to keep arms and legs rigidly straight when jumping.

Physical risks apart, perhaps the most dangerous thing about canyoning is that it is addictive. Or as Jean-Francois Blaser puts it, "Now you know the route, next time you can do it by yourself."

- A As with any adventure sport, the exhilaration carries over into the rest of your life.
- B If you like dressing up, you'll adore canyoning.
- C The answer has to be "yes" - for the holiday sensation seeker.
- D These thoughts crossed my mind as I was standing knee deep in freezing water on the edge of a 31-metre waterfall.
- E "It's only 20 metres," he shouted through the spray, "but since it's your first time, I'll let you down."
- F The journalist did, however, admit that his injury was the result of his own actions.
- G But down in the deep river bed below, all sunshine is cut off by black, glistening rock walls.
- H What is canyoning and why on earth would anybody do it?

PART 4

You are going to read some information about London. For questions 22-35, choose from one of the walks (A-H). Some of the walks may be used more than once. When more than one answer is required, these may be given in any order. There is an example at the beginning (0).

Which walk or walks would you recommend for someone who:

- is interested in the history of London's Jews? 0  E
- wants to see inside old houses? 22
- wants to see how wealthy Londoners lived? 23
- is interested in the history of sea travel? 24
- wants to visit scenes of 19th century murders? 25  26
- is interested in theatres? 27  28
- wants to walk where Shakespeare once walked? 29  30
- likes visiting old churches? 31  32
- is interested in the supernatural? 33  34
- is interested in gossip about the past? 35

London Walks

The London of Dickens and Shakespeare  A

SUNDAYS 11.00 am (a lunchtime pub walk)

Southwark, one of the most ancient parts of London, has been home to both Shakespeare and Dickens. Follow in their footsteps and discover a much forgotten part of town with its alleys, riverside lanes, and medieval ruins. Discover the sites of the original, and the soon to be rebuilt, Globe theatre, and visit Southwark's fine Gothic Cathedral, the church of Shakespeare and John Harvard, which is one of the lesser known treasures of London.

A Ghost Pub Walk  B

THURSDAYS 7.35 pm

Explore the (haunted?) shadows of London's hidden courtyards and gullit alleyways as we visit places of ghostly sightings, scenes of horrible death and supernatural happenings. For the benefit of the fainter hearted (and the rest of us) we will call at some pubs on the way - some of the finest and most famous in London - where spirits can be revived.

Inside Some Hidden Interiors of Old London  C

THURSDAYS 11.00 am

This walk provides the opportunity to go inside some of the oldest and finest buildings in London. Little known, they often pass unnoticed, but rarely fail to enchant and fascinate those who discover them. We visit a 16th century dining hall (still used for its original purpose) in which Queen Elizabeth I dined and Shakespeare acted; the 12th century church of the Knights Templar; the Oranges and Lemons Church of St. Clements; a magnificent 19th century Gothic Building; the Old Curiosity Shop; two 16th century cottages; and a house unchanged within since 1837, home to a unique collection of curios and treasures.

London: Royal and Aristocratic  D

SUNDAYS 2.30 pm

Discreet, elegant, exclusive, and very, very expensive, the districts of Mayfair and St. James's have been home and playground of Royalty and the Aristocracy for hundreds of years. On this walk we will see their Royal palaces and elegant mansions (including the ancestral home of the Princess of Wales), and pass some of the famous shops and exclusive gentlemen's clubs which have been serving them for centuries. We will explain the history of the area, remember some of its famous inhabitants, and recall something of its less discreet, and frankly scandalous, past.

The Real London Eastenders - The Old Jewish Quarter  E

TUESDAYS 11.00 am

A popular T.V. soap opera draws upon a deeper reality and tradition which exists in the East End of London. A characterful area, it still echoes the 19th century when it was the established Jewish quarter and when Jack the Ripper prowled its alleys. Discover the history of the Jews in London, and the rich colour and texture of a fascinating district not normally seen by visitors.

The Jack the Ripper Murder Trail  F

TUESDAYS 7.30 pm

Travel back to the Autumn of 1888 when a series of brutal murders struck terror and panic into the hearts of Londoners. Although his identity was never discovered, the murderer became known as Jack the Ripper. On this walk we will follow his trail of blood and mayhem through the streets of London's Whitechapel and learn of the horrible manner in which he butchered his victims. Placing the murders against the background of their time, we will examine the evidence and the fascinating theories which surround the identity of Jack the Ripper!

London's Theatreland Past and Present  G

TUESDAYS 2.00 pm

London theatre has a reputation second to none. Our tour, led of course by an actress, centres on the Covent Garden area and visits the West End's oldest and newest theatres. Among the dramatic personae, great names like Kemble, Keen, Garrick and Irving rub shoulders with the blind man who knew 3,000 thieves by their voices. Backdrops include the haunt of a much loved theatrical ghost, and the hidden restaurant where the stars of today go to relax after the show.

Pirates, Smugglers and Pressgangs  H

A DOCKLANDS PUB WALK

A walk through a section of rapidly changing Docklands, recalling its colourful history and visiting some of its historic pubs. We will finish at the famous Prospect of Whitby, London's oldest riverside pub. Along the way we explore St. Katherine's Dock, recall the heavy bombing of this area in World War II, hear tales of villains and skulduggery, and answer such burning questions as: who were the "sailors' wives" and what were the whoppers of Wapping?