

Test 1 Training Listening • Part 1

In Part 1 you:

- **listen** to eight short recordings, with either one or two people speaking
- **answer** a multiple-choice question with three options for each recording
- **hear** each recording twice

1 Read these examples of multiple-choice questions and recording extracts. For each question, choose the correct answer from the three options. Underline the words in the text that give you the answer.

- 1** You hear a boy talking about a trip he went on to a wildlife park. What does he say about the experience?

My family and I headed off to a wildlife park last weekend, some distance from where we live. We hadn't been there for ages, so I guess we'd forgotten just what was in the park, and we were a bit disappointed, to be honest, especially having driven for miles to get there. When we arrived, we had a much-needed rest and drink before we began the visit. There were some fantastic elephants and a big monkey and giraffe house, but there wasn't much else to see, despite the fact that the park was a reasonable size.

- 2** You hear two friends talking about a class they have just had. What was the class?

Boy: That class was quite difficult, wasn't it? I wasn't even sure where some of those countries were.

Girl: Yes. I mean it's interesting to see how people in other countries approached these things years and years ago, even going right back to the ancient Egyptians, but I find it hard enough keeping up with how we're supposed to work things out now!

Boy: Yes, I know what you mean! For example, I don't remember doing fractions in that way when I was at school in the States.

Girl: No. Well, anyway, now we've got calculators, so that makes it all a whole lot easier.

Boy: Absolutely!

- 3** You overhear a girl speaking to a male shop assistant. Why is she speaking to him?

Assistant: Can I help?

Girl: Yes, I've just tried on this sweater in the changing rooms ...

Assistant: So you'd like to buy it. OK.

Girl: Well, I don't suppose you have another one in stock, do you?

Assistant: I think that's the last one. Is there a problem?

Girl: Well, yes – there's actually a hole in the sleeve of this one – look. So I'm not really keen to have it.

Assistant: Oh, in that case, we could reduce the price a bit.

Girl: It's fine – I don't really want to get something that's damaged. I think I'll leave it, thanks.

Tip! When you read through each question before the recording starts, look carefully at the first sentence. This tells you what the recording will be about – who will be talking, and the topic. The second sentence is the question you have to answer.

- A** He did not expect to see such a great range of animals.
B Getting there involved a long and tiring journey.
C The park covered a huge area of land.

- A** maths
B geography
C history

- A** to pay for something
B to get a refund on something
C to complain about something

- 4** You hear a boy talking about a film he has just seen. What did he think of it?

I've just been to see an adventure film with a friend of mine. There was a lot of publicity and hype about it, how fantastic it was ... best film ever made and so on. So I went in expecting something amazing, and I suppose it was pretty good in some respects, certainly as far as the guy playing the central character went. The music was definitely a new experience for me, couldn't have been better for the film, and the whole storyline kept you on the edge of your seat – until the final few minutes. What a let-down! I feel like writing to the director to complain.

- 5** You hear two friends discussing hiring some bicycles. What do they agree about?

Girl: Look, John. We could hire bicycles here for the day and cycle along the coast road.

Boy: Mm, that'd be great, but look at how much they cost. Quite a lot.

Girl: That's for the whole day, so we could save on bus fares if we cycle instead.

Boy: True. Let's see – they've got a couple left – but are they big enough?

Girl: Let me try. Hm – these aren't really made for people our age, I don't think.

Boy: And it looks as if these are the only ones left. Oh, well ... We can always come back again tomorrow!

- 2** Look at the options below. A girl is talking about how she feels about a T-shirt she received as a present. Is she being positive or negative when she says the following? Or does it depend on the context?

- a** My friends must have spent ages choosing it.
b Why on earth would I want a picture of a dog on it?
c I've never come across anything like it in the shops.
d I didn't even say it was my birthday, but they still remembered.
e It could be a bit looser round the arms.
f I doubt if I'll be able to exchange it for another one now.

- 3a**  Now listen to the recording and answer the question below.

How does the girl feel about the T-shirt she was given for her birthday?

- A** surprised that so much thought went into buying it
B disappointed that it does not fit her well enough
C pleased that it has a favourite image on it
- b** Which is the correct answer? Why are the other two wrong?

- A** The ending was not as good as he had expected.
B The main actor's performance was disappointing.
C The soundtrack did not really suit the story.

- A** The roads may be unsuitable to cycle on.
B The only cycles available are too small for them.
C The hire price is more than they can afford.

Tip! Look carefully at any questions that ask you about the feelings of the speakers. You may have to match what the speakers say to an adjective in one of the options.



1 03 You will hear people talking in eight different situations. For questions 1–8, choose the best answer (A, B or C).

- 1 You hear a girl talking about a running race she is going to compete in soon. What does she say about the race?
 - A She hopes the spectators will be supportive.
 - B She has prepared for it as well as she can.
 - C She thinks her chances of success are poor.
- 2 1 04 You hear the beginning of a radio programme for teenagers. What is today's programme going to be about?
 - A conservation
 - B climate change
 - C pollution
- 3 1 05 You overhear a boy phoning a friend. Why is he calling?
 - A to ask a favour
 - B to pass on some news
 - C to confirm travel arrangements
- 4 1 06 You hear two friends talking about a school photography exhibition. What is the girl trying to do?
 - A persuade the boy to display his photos
 - B suggest how the boy could improve his photos
 - C encourage the boy to go and see the photos with her
- 5 1 07 You hear two friends talking about a shopping trip they've just been on. How does the girl feel about the trip?
 - A sorry that she did not buy an item she saw
 - B disappointed that she could not find what she was looking for
 - C relieved that she did not spend too much money
- 6 1 08 You hear a girl talking about her class trip to the theatre to see a play. She thought the play was
 - A more frightening than she had expected.
 - B surprisingly different from the version she had studied.
 - C very difficult to understand when performed on stage.
- 7 1 09 You hear two friends talking about a canoeing lesson they have just had on the river. What do they agree about?
 - A how risky the activity seemed at times
 - B how painful their muscles felt
 - C how difficult it was to paddle properly
- 8 1 10 You hear a teacher telling a class about a science project they are going to do. Which place is the class going to visit for the project?
 - A a science laboratory
 - B the city library
 - C a museum

Tip! Try to use the first listening to answer the question, and then check your answer during the second listening. If you're still not sure, have a guess – don't leave the answer blank.

Advice

3 If you are not sure of the answer, try to eliminate each option, e.g. Alfie is asking Jake something – but is it a favour or does he need advice? He is also telling Jake something – does Jake know about it already? And is he confirming travel arrangements or making new ones?

5 For this question, you need to look carefully at the feelings adjectives. The girl says she would've regretted it if she had bought something expensive she saw. What does she mean?

In Part 2 you:

- listen to a recording with one speaker
- write down words from the recording to complete sentences
- hear the answers in the same order as in the recording



1a Read exam question 9 below and the extract from the audioscript in Exercise 1b. Which answer fits the gap?

You will hear a girl called Sally talking about her family trips to the beach. Sally says that her (9) is the person who seems to have the most fun on their beach trips.

b Underline the part of the audioscript that contains the answer. Which other people does Sally mention? Why aren't they the correct answer?

During the summer months, my family and I tend to go to the beach a lot, because we all really like it. Dad's a busy doctor, so he usually just sleeps on the beach, and mum, who's an artist, sometimes goes in search of unusual things to use in her work – if she's got the energy! My little sister's amazing, though – she just spends the whole time splashing about in the sea, with a huge smile on her face. My older brother keeps an eye on her. Grandma mostly complains that it's too hot, but we all know she wouldn't really want to stay at home!

c 1 11 Listen to the audio and write the answer in the correct place.

2a Cover the audioscript below and then look at question 10 about the next section of the recording. Before you listen, think of two or three possible words to complete the sentence. Then read the audioscript and underline the words which give you the answer.

Sally says that at the beach she spends time (10) when the weather's suitable.

We sometimes do some water sports while we're at the beach, too. I go diving with my dad whenever he goes in the water. My little sister Sophie likes swimming in the shallow water, so I stay with her sometimes, when my brother wants to go surfing. And the water there is perfect for sailing, so I go off and do that when it's windy enough – and not raining! It's great!

b 1 12 Listen to the audio and write the different water sports you hear.

c Which one is mentioned in connection with weather conditions?

3a You are going to listen to Sally talking about something they found on the beach one day. Before you listen, look at the gap in the sentence below. What kind of word might fit the gap? (What sort of things might you find on a beach?)

Sally says that her sister found a (11) while they were out walking along the beach.

b 1 13 Listen to the audio and complete the sentence.

c What other possible answers did you consider? Why were they wrong?

1 14 You will hear a girl called Flora telling her class about a recent trip to South Africa, where she saw some animals called meerkats. For questions 9–18, complete the sentences with a word or short phrase.

Tips! Read carefully through the rubric to find out *who* will be talking and *what* they will be talking about. While you're waiting for the recording to start, read through the sentences and think about what kind of word will fill the gap. The answer is usually between one and three words.

Meeting the meerkats

Flora explains that the main purpose of her trip was to see **(9)**

Flora says according to some people, the word 'meerkat' actually means **(10)**

Flora discovered that meerkats live longer in **(11)** than elsewhere.

Flora was surprised to be given some **(12)** during her visit to the meerkats.

The guide, Gavin, had made sure the meerkats were particularly used to his **(13)**, so that they weren't disturbed by visitors.

Flora learnt that meerkats use their tails for **(14)** as well as for sending out warnings.

Flora says she heard the meerkats **(15)** when they spotted something unusual.

Flora says each meerkat's **(16)** are different from those of other meerkats, which helps distinguish between individuals.

Flora was told that meerkats occasionally feed on **(17)**

Flora decided on some **(18)** from the hotel shop to take home as a souvenir of the meerkats.

Advice

9 Flora's trip was to South Africa. Why had she and her family gone there?

12 Flora says she and her family went into the desert to see the meerkats. It is very hot during the day – but what might the temperature be early in the morning? So what would she need?

In Part 3 you:

- **hear** five different people talking about related things
- **match** what they say with one of eight options

1 These adjectives describe people's feelings. Complete the sentences below with adjectives from the box. Sometimes more than one answer is possible.

thrilled	surprised	annoyed	bored	grateful
relieved	impressed	confident	sorry	shocked
disappointed	embarrassed	uncomfortable	discouraged	disgusted

Tip! You may find that Part 3 options include adjectives to describe the speaker's feelings, which you have to match carefully with what the speaker says.

- 1 Michal was surprised that he'd done so well in the test, as he hadn't really studied.
- 2 I was so when I finally found my new watch in the bottom of my bag – I was worried I'd lost it!
- 3 The coach was very when he saw Jack score at basketball, as he'd never played before.
- 4 The team were quite by their poor score in the first half of the match, but they tried harder in the second half – and won!
- 5 Zofia was when she found out she'd got the prize – it was 500 euros!
- 6 Anna gets a lot of ideas from her dad for her school art projects, which she's very for.

2a **1 15** Listen to Matthew talking about a long train journey he went on with his family. How did he feel about it? Choose one letter.

Tip! In the recording, you may hear words or ideas that are similar to several of the options, so you need to listen carefully to decide which option is correct.

- A worried about missing the train
- B thrilled at the thought of the journey
- C surprised at how quiet the train was
- D pleased to be given food during the journey
- E impressed by the view outside
- F disappointed with the seating arrangements
- G relieved at the space available
- H bored by the length of time it took

b Look at where the answer comes in the audioscript below. Which options also contain similar words or ideas? Why are they wrong?

My family and I had planned to travel by train the length of the country for a holiday. It involved a four-hour train journey, plus a drive to the station first. My family usually does everything at the last minute, but this time at least we left home in plenty of time to avoid missing the train. I'd got lots of magazines to stop myself getting bored, as I knew the view from my seat by the window wouldn't be very inspiring – I'd seen it loads of times before, from the car. But what I hadn't expected was to be presented with a tray by the attendant – sandwiches and drinks for the trip. Great!

3 **1 16** Now listen to Maria talking about a similar journey by train. How did she feel about it? Choose one letter (A–H) from Exercise 2. What does she say? Does she use the same words as A–H, or different words? Which other options are also referred to? Why are they wrong?

Test 1 Exam practice Listening • Part 3

17 You will hear five teenagers talking about their hobby, collecting different things. For questions 19–23, choose from the list (A–H) how each speaker feels about their hobby. Use the letters only once. There are three extra letters which you do not need to use.

Tip! Before the recording begins, read quickly through the options so that you are familiar with them. Remember, you will not need to use all of them.

- A I'm grateful to family members for expanding the collection. Speaker 1 19
- B I'm thrilled to have met so many other people through it. Speaker 2 20
- C I'm discouraged by the cost of adding to it. Speaker 3 21
- D I'm aware it no longer has the same appeal for me. Speaker 4 22
- E I'm proud of the size of the collection. Speaker 5 23
- F I'm disappointed at other people's lack of interest in it.
- G I'm surprised how many other people have similar collections.
- H I'm impressed at how it has increased in value.

Advice

Look carefully at the **feelings adjective** in each option, A–H, and check that this is how the speaker says they feel.

19 What does the speaker mean when she says she has begun to wonder why [she is] doing it?

21 The speaker says when she talks to other people about the collection and how many dolls she has, it makes [her] appreciate [it] more. What does she mean?

Test 1 Training Listening • Part 4

In Part 4 you:

- **listen** to a recording of two people speaking
- **answer** seven multiple-choice questions, each with three options

Tip! Read through the introduction to this part before you begin listening, so that you know what the recording will be about, and what you might expect to hear.

1 Work with a partner. Look at the topics (1–4) below. Decide which key words from the box you might hear for each topic. Some key words can be used for more than one topic.

- 1 buying something expensive 3 trying something for the first time
2 going into the countryside on a wildlife trip 4 taking photos of a watersport

nervous weather forecast thrilled lens shot weather conditions look forward
spectators action equipment creatures credit card uncertain identify wetsuit

2 **18** Listen to a boy called Jack being interviewed about doing a sport called **wakeboarding** (similar to waterskiing). Then answer this question:

How did Jack feel about going wakeboarding?

- A worried that he would not be any good at it
B curious to see why his friend liked it so much
C content to go along and try it

3a **19** Now cover options A–C and the extract from the audioscript below, and just look at this question. Listen to the next part of the interview and write down the answer as you listen.

What does Jack say about his first attempt at standing on the wakeboard?

b Now look at the three options below. Which one matches your answer the most closely? Compare your answer with a partner. Then look at the audioscript and underline the part that gives you the answer.

- A He was embarrassed by the response of people watching.
B He was taken by surprise by the sudden speed of the boat.
C He was disappointed that his careful preparations did not pay off.

Anyway, we arrived at the lake, got our wakeboarding kit on, and before long it was my turn. I crouched down in the water on the wakeboard, as I was supposed to, holding tightly onto the rope while the boat driver waited for me to give him the signal that I was ready. But almost as soon as I did, he opened up the engine and roared off, and the pressure on my legs to keep the wakeboard in front of me was suddenly immense! I hadn't been prepared for that, so what do you know? I fell into the water to the sound of laughter from my spectators, which I joined in with ... and, apparently, my friend's father had managed to get some good shots of it all!

4 **20** Now listen to the final part of Jack's story. Read the question below and choose the correct option, A, B or C.

How did Jack feel during his second attempt to stand on his wakeboard?

- A ready to improve on the technique he had used previously
B sure of his ability to succeed this time
C prepared not to make the same mistake again



Test 1 Exam practice

Listening • Part 4

21 You will hear an interview with a boy called Jamie Davidson, who has just tried rock climbing for the first time. For questions 24–30, choose the best answer (A, B or C).

Tips! Look carefully through the questions and options before you begin to listen.

Listen carefully for the interviewer's questions to help you keep your place in the recording. They signal when you need to move on to the next question.

- 24 Jamie says that the climbing centre he went to
- A specialised in courses for beginners.
 - B was situated near the coast.
 - C offered other sports as well.
- 25 How did Jamie feel when he had got his climbing equipment?
- A confused by all the things he was given
 - B determined to make sure he dealt with everything correctly
 - C confident once he was wearing it all
- 26 Jamie was doubtful at first that
- A he would know how to check the ropes as the guide had taught him.
 - B the guide had enough experience to take them climbing.
 - C he would enjoy the climb as much as his guide expected.
- 27 When they started to climb, Jamie began to
- A feel envious of his guide's climbing skills.
 - B ask himself whether he was up to the trip.
 - C worry about possible bad weather.
- 28 When Jamie was told to let go of the rock, he
- A felt relieved to see other climbers doing the same thing.
 - B remembered his training about using ropes safely.
 - C found it hard not to panic.
- 29 Jamie says that the view from the top of the rocks
- A wasn't quite what he had expected.
 - B seemed hard to appreciate after the difficult climb.
 - C reminded him of another view he'd seen.
- 30 At the top of the rock, Jamie regretted
- A being unable to take any pictures.
 - B leaving his lunch behind.
 - C wearing clothes that were too warm.

Advice

25 Jamie reports that he felt ready to tackle whatever lay ahead when he got his climbing gear on. What does he mean?

27 Jamie reports that it had begun to rain when they started to climb. Was he worried by it? Did he feel he couldn't manage the climb? And what did he wish about his guide, Max?

29 Jamie mentions once being at the top of a castle. What was his experience there?

Test 1 Training

Speaking • Part 1

In Part 1 you:

- talk to an examiner
- answer questions about yourself and your life, e.g. your name, free-time activities, family, future plans, etc.

Understanding the task

1 What happens in Part 1 of the Speaking test? Write letters a–g under the correct photo.



- 1
- a The first examiner asks you to sit down, and says 'Good morning / afternoon / evening'.
 - b You are given a piece of paper – your mark sheet – with your name on it.
 - c The first examiner asks you for your names then takes your mark sheets.
 - d You wait outside the exam room with your partner.
 - e The first examiner asks you questions about yourselves for about two minutes.
 - f The first examiner introduces herself / himself and her / his colleague.
 - g You go into the exam room and meet two examiners. The first examiner will talk to you, and the second one will only listen.

Tip! The examiners are experienced teachers and will always be friendly. Try to be relaxed and smile if you can.

Useful language Answering the questions well

2 Most of the following answers are good, but three are not so good. Put a cross (X) next to the answers that are not so good. Why are they less good answers than the others?

What's your name?

- 1 Barbara. 2 I'm Barbara Lario. 3 My name's Barbara Lario.

Where are you from?

- 4 Italy. 5 I'm from Italy – from a small town called Modena.
6 Well, I live in Rome now but I was born in Genoa.

How do you travel to school?

- 7 By bus. 8 By bus, bicycle sometimes, and I walk.
9 I take the bus because I live quite far away so I can't get to school on foot.

Tip! Give full answers, but don't give too much detail. You'll have an opportunity to talk for longer in Parts 2, 3 and 4.